



KINDNESS STARTS WITH SELF-CARE

Presentation at UW-Whitewater

Join us for an onsite presentation 'Kindness Starts with Self-Care' to discover how kindness goes beyond just generating positive emotions and can significantly impact our physical bodies and the environments we find ourselves in

Date: TUESDAY, APRIL 8

Time: 11 TO 11:30 AM

Location: IN PERSON UNIVERSITY CENTER, RM 268 BUCHHOLZ CONFERENCE ROOM

Registration: [CLICK HERE OR USE QR CODE](#)



The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.

