

You're invited to attend our upcoming

EMPLOYEE ENRICHMENT DAY!

Supporting both professional & personal growth, empowering individuals to invest in themselves through learning & connection. All employees welcome!

Tuesday, June 2nd from 8:00am-3:00pm
University Center - Old Main Ballroom UC275 A&B



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TO REGISTER**

**MORNING REFRESHMENTS SPONSORED BY:
UNIVERSITY STAFF COUNCIL**



University of Wisconsin
Whitewater

Human Resources



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FOR SESSION DETAILS

EMPLOYEE ENRICHMENT DAY!

EVENT PROGRAM

JUNE 2ND 2026

8:00AM-3:00PM

8:00AM-8:30AM

Registration - Morning Refreshments sponsored by University Staff Council

8:30AM-8:45AM

Welcome Remarks -
Chancellor King

8:45AM-9:00AM

MORNING ANNOUNCEMENTS -
CONNIE PUTLAND, CHRO

9:00AM-9:45AM

Keynote - Laura Newman M.S.C.J.,
BHS, CPT, GFI founder of Strong
Culture LLC,

10:00AM-10:45AM

Session 1:

1. Mental Health: Warning Signs, Burnout & Self-Care - Malayna Oswald & Andy Browning

2. Getting to know your WRS Statement of Benefits - Steve Marshall - **Translation Available**

3. UWW Technology Tools, Support & Solutions - Kirsten Mortimer, Eric Stelter, April Keithly

4. Stronger tissues, fewer issues - Jeff Haverkamp, DPT, OCS

11:00-11:45AM

Session 2:

1. Mental Health: Warning Signs, Burnout & Self-Care - Malayna Oswald & Andy Browning

2. Sip & Paint - Katie Lovell WebMD - **Translation Available**

3. Why is Self-Care so important - Amy Barth

4. Ethical AI Strategies in Our Personal & Professional Lives - Jonathan Spike



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8:00AM-3:00PM

11:45AM-1:00PM Lunch - HR Happenings/Updates

1:00PM-1:45PM

Session 3:

- 1. Total Rewards/Total Compensation** - Steve Marshall - **Translation Available**
- 2. Swipe, Save, or Skip: A Guide to Social Media Health and Wellness Trends** - Lindsey Greviskes
- 3. Emotional Intelligence - Acentra** ; Scott Webb
- 4. Difficult Conversations with Direct Reports** - Immersive Practice Simulation - Jonathan Spike

2:00PM-2:45PM

Session 4:

- 1. Pot Painting** - Wes Enterline - **Translation Available**
- 2. Get Your Records Straight: Understadngind Public Records and Records Management Plans** - Jennifer Motszko
- 3. Performance Evaluations** - TA Team
- 4. Retirement Roadmap for UW-Whitewater Employees** - Pengyu Qjan

2:45PM-3:00PM

HR Thank you and Survey Info