



Managers impact employees' mental health as much as their spouses and more than their doctors or therapists.



ELEVATE MANAGEMENT

Well Wisconsin Training Series, brought to you by WebMD Coaching

Join the Well Wisconsin leadership training series, designed to help managers build leadership skills to create a culture of well-being at work. Join one or all four in this series by registering for individual training sessions.

Balancing Conversations for Transparent Communication

Recording Available

Enhance your communication skills to foster collaboration and motivation within teams and manage difficult conversations with confidence and empathy.

[Click](#) or scan for recording



Prioritizing Time to Promote Effectiveness

June 18 at 12 pm CST

Strengthen your productivity with strategies to enhance focus, efficiency, and overall time management success.

[Click to register](#), or scan



Speaking Candidly with Your Team

September 24 at 12 pm CST

Cultivate your ability to give and receive feedback, prepare for constructive feedback conversations, and navigate candid discussions with confidence and clarity.

[Click to register](#), or scan



Fostering Resiliency to Prevent Burnout

November 18 at 12 pm CST

Identify the causes and symptoms of employee burnout and discover how you can build resilience as a manager both internally and across your team.

[Click to register](#), or scan

