

WEDNESDAY

WELLNESS WALKS

AT UROCK

JOIN US EVERY
WEDNESDAY OF EVERY MONTH
TO DO A 1 MILE WELLNESS WALK!

MEET AT 10:30AM INSIDE THE HYATT
SMITH UPPER LOBBY BY FRONT
DOORS TO EXERCISE YOUR PHYSICAL
AND MENTAL WELLBEING!

THE ROUTE WILL BE
DEPENDENT ON WEATHER!

STUDENTS & STAFF WELCOMED!

