

# STUDY GROUPS

## What is a Study Group?

Study groups are a small group of people who work together on challenging course concepts or discuss information related to a common field of study. These groups can be formed with other individuals in your major, class, or who share a common interest. Working with other students gives you a place to ask questions, to practice material you are learning, and to set a regular time and place to study.

## When to Create a Study Group

You don't need to create a study group for every class, but the more practice you get with the material, the more you will understand and retain that information. We encourage you to create a study group if any of the following apply to you:

- The course material is challenging
- You're having difficulties completing the assignments
- You have an exam coming up and you're looking for new ways to study
- There is a lot of material to review for an upcoming exam or project
- You want to have a regular time to study and do homework
- You want to overcome procrastination

## How to Set Up a Study Group

1. **Identify students to meet with once a week.** You want to plan to meet for about an hour to discuss and review the material covered in the course. Study groups can be smaller (2 to 3 people) or larger, but keep in mind the larger the group, the easier it will be to get distracted. *You can Use the Navigate Student App to help with this!*  
In the app (or [www.navigate.eab.com](http://www.navigate.eab.com)), click on the Study Buddies icon. Here you can find other students in your classes who are also interested in forming study groups.
2. **Develop a set of goals for the group during the first meeting.** Do you plan to meet the entire semester? Are you reviewing for an exam or doing homework? Make sure the purpose of the group is clear. It will help you stay on task!
3. **Exchange contact information.** Make sure you have each other's phone number, email, or other ways to get in touch. That way, if you miss a class or have a question, you have someone you can rely on.

## Where to Study

UW-Whitewater has a lot of places for groups to study. Try to pick a location that minimizes distractions and where you won't distract others. Once you select a location, be consistent (if possible). Setting a regular place to meet helps you be more productive; when you get to that space you know it's time to study! The Andersen Library has some great group spaces available (reserve ahead of time: <https://library.uww.edu/services/learning-spaces/group-spaces>). University Housing also has many study locations available; ask your Resident Assistant (RA) for more information!

## For more information and support, contact:

Academic Advising & Exploration Center: 262-472-5220, 2054 Roseman, [advising@uww.edu](mailto:advising@uww.edu)