

Social Work Courses

(SOCWORK)

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SOCWORK 501

Assertiveness Training in the Helping Professions 1 u

This course presents the principles of assertiveness training, uses experiential exercises to help students learn to present themselves more assertively, and prepares students to assist others to become more assertive. Content is focused on students who are planning a career in the helping professions.

SOCWORK 502

Grief Management in the Helping Professions 1 u

This course focuses on issues such as adjustment to the death of someone close, helping someone who is terminally ill, and coping with other losses—such as cherished relationships. The grief counseling content is intended for students who are planning a career in the helping professions.

SOCWORK 503

Managing Stress and Burnout in the Helping Professions 1 u

This course focuses on recognizing signs of destructive stress and the stages of burnout in the helping professions. Instruction is given in using a number of techniques for coping with stress such as meditation, relaxation training, time management, social support systems, biofeedback, and life planning as they apply to the helping professions.

SOCWORK 511

Human Behavior and the Social Environment 3 u

This course is designed to provide students with an understanding of the processes of bio-psycho and socio-cultural development from infancy to young adulthood. Material is also presented on the social systems (families, groups, organizations, and communities) in which individuals live.

SOCWORK 512

Human Behavior and the Social Environment II 3 u

This course is designed to provide students with an understanding of the processes of bio-psycho and socio-cultural development from middle adulthood through old age. Material is also presented on the social systems (mezzo and macro) in which individuals live.

Prerequisite: All graduate students must have approval of the department chair.

Corequisite: SOCWORK 511

SOCWORK 537

Introduction to Social Gerontology 3 u

This course is designed to introduce the student to social and physical factors related to aging. It will include information regarding social services needed to assist the older person and an analysis of gaps in current services.

SOCWORK 541

Sexuality for Professional Growth 3 u

This comprehensive course is designed to add to students' knowledge and comfort in the area of human sexuality. Multimedia, lecture, and small group discussion techniques are used to explore issues as basic treatment skills, sex education, developmental sexuality, problem pregnancies, and common sexual dysfunctions.

SOCWORK 580 (RACEETH 580)

Race, Ethnicity, and Social Justice: Issues for Helping Professionals 3 u

The course is designed to help students develop a greater understanding of the influence of one's race and ethnicity on the ways individuals perceive the world and the ways they are treated by others and by society. Within the framework of the helping professions, students will have the opportunity to examine their attitudes toward members of racial and ethnic minorities, develop ways to learn about the participation in and treatment of racial and ethnic minority groups in work, education, and social services, and examine ways to affect one's own attitudes and society to achieve social justice.

Unreq: RACEETH 580

SOCWORK 602

Social Work Research 3 u

This course is designed to familiarize the student with basic concepts of social work research methodology and statistics, computer usage, to develop competence in evaluating research literature and to develop beginning skills in evaluating social work practice.

SOCWORK 640

Advanced Stress Management 3 u

The class emphasis is on 1) facilitating stress management in others, 2) coping with "deep" stress such as trauma and low self-esteem, and 3) alternative avenues for coping such as Tai Chi, yoga, art therapy, and meditation. This course is appropriate for anyone in the helping professions.

Prerequisite: HEALTHED 562 or SOCWORK 303 or consent of instructor

SOCWORK 662

Social Welfare Policy 3 u

This course is designed to provide students with knowledge about the process of social welfare policy formulation and implementation and with policy analysis skills. The effects of social welfare policies and organizations on both clients (especially the poor and minorities) and on social workers will be emphasized.

SOCWORK 690

Workshop 1-6 u

SOCWORK 691

Travel Study 1-3 u

SOCWORK 694

Seminar 3 u

SOCWORK 696

Special Studies 1-3 u

SOCWORK 794

Seminar 1-3 u

SOCWORK 798

Individual Studies 1-6 u