

Counselor Education Courses

(COUNSED)

COUNSED 690

Workshop 1-3 u

COUNSED 691

Travel Study 1-3 u

COUNSED 696

Special Studies 1-3 u

COUNSED 712

Foundations of Clinical Mental Health Counseling 3 u

This course provides an historical overview of the clinical mental health counseling (CMHC) field. Current trends, professional issues, and other areas relevant to CMHC's will be examined. Roles and responsibilities of CMHCs across various settings will be explored. Professional organizations, preparation standards, and credentialing of CMHC's will be discussed.

COUNSED 715

Research in Counselor Education 3 u

The purpose of this course is to provide a practical graduate-level overview of research design in counseling and personnel services and to develop skills for designing, critiquing, and disseminating research.

COUNSED 716

Crisis Intervention and Trauma Counseling 3 u

This course will present counseling approaches which effectively address crises. The course will examine the impact of trauma and crisis and potential neurobiological responses. Students will gain knowledge and skills useful in assessing and intervening in crises and explore the application of these skills in addressing specific crisis situations.

Prerequisite: COUNSED 718 and COUNSED 722 corequisites

COUNSED 718

Principles of Counseling 3 u

Principles of the roles and functions of professional counselors are discussed and practiced in a laboratory setting, including relationship building, conducting interviews and the counseling process. Professional issues as they relate to ethics, legal considerations, scope of practice, mental health service delivery, multicultural concerns, and the value of professional organizations are explored. This course is designed to provide the student with opportunities to define and explore the various roles/tasks of professional counselors, including case conceptualization, prevention, intervention, referral, and

termination. By the end of the course, the student should develop a working knowledge of counseling skills, processes, and procedures to facilitate further study in subsequent practicum and internship classes.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

COUNSED 719

Appraisal Procedures in Counseling 3 u

This course provides an understanding of individual and group approaches to assessment and evaluation in a multicultural society. It will examine basic concepts of standardized and non-standardized testing and other assessment methods for appraising individual differences and family dynamics. Students will examine statistical concepts relevant to assessment (scales of measurement, measures of central tendency, variability, and reliability and validity). Discussions and laboratory experiences will center on the use and interpretation of standardized and non-standardized measure of appraisal with individuals, groups and families and the social, cultural and ethical factors relevant to the assessment process.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

COUNSED 720

Career Development and information Services 3 u

This course focuses on major theories of career development and decision making models. It addresses sources of career, educational, leisure, occupational and labor market information, career information systems, assessments, techniques pertinent for career planning, placement, and follow-up. interrelationships between work, family and other life roles as well as multicultural issues in career development are examined. Students will have the opportunity to be involved with career development program planning, implementation, evaluation and theory application.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 721

Groups: Theory and Practice 3 u

This course provides theoretical and experiential understandings of group work, including principles of group dynamics, theories of group counseling and group leadership and facilitation styles. Group counseling methods are experienced directly in the learning process. Multiple group approaches, necessary to work effectively in a multicultural society, are explored.

Prerequisite: COUNSED 718, COUNSED 722, Admission to the MS-Counseling Program or consent of instructor

COUNSED 722

Theories of Counseling 3 u

This course examines prominent counseling theories that provide models for conceptualizing client issues and identifying appropriate intervention strategies. System theories and major models of family and related interventions will be highlighted. Attention will be given to multicultural and ethical issues in counseling. Students will be exposed to current professional research and practices in the field to enable the initial development of their personal theories of counseling.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 724

Career Counseling of Adolescent and Adult 3 u

Principles of career counseling of adolescents and adults are considered. Emphasis is placed on current trends, including integrative holistic career counseling, assessments, role of technology and internet, employability and job search skills. Attention is given to procedures for counseling diverse populations. Job loss issues are also addressed.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 728

Clinical Studies in Counseling 3 u

Students will examine the diagnostic criteria of the Diagnostic and Statistical Manual of Mental Disorders (APA). Diagnostic skills of counseling students will be enhanced. Students will examine the benefits and concerns of diagnosis within the counseling relationship and explore relevant treatment modalities (individuals, group, and family). Students will develop an understanding of the interplay between biology and environment and the impact on human development, learning and adjustment.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 729

Student Services in Higher Education 3 u

Course introduces knowledge, skills and practices necessary to work in higher education settings. Historical foundations, roles and functions of Student Affairs professionals, and current issues in the field are included. Specific attention is given to organizational structures and responsibilities of counselors and administrators in various service positions. Student development theories, and their application by Student Affairs professionals, provide a foundation for understanding personal, social, academic and career development at the post secondary level.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

COUNSED 731

Introduction to Marriage/Partnership & Family Counseling 3 u

An introductory course which provides counselors with information and skills relevant to conducting partner/marital and family counseling services within a multicultural society with emphasis given to systemic theory and philosophy. Emphasis will be placed on the dynamics of family interaction and the initial skills in assessment and treatment of dysfunctional partner/marital, family and systems/ecosystems relationships. Orientation to state and national professional organizations provided.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 732

Practices of Marriage/Partnership and Family Counseling 3 u

An advanced course in counseling which focuses on various issues related to marriage and family counseling: working with couples, divorce counseling, therapy with children within a family context, remarriage and blended family systems, and multi-problematic families. Emphasis will be placed on advanced assessment and procedures of intervention.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

COUNSED 733

Theories and Techniques of Marriage/Partnership & Family Counseling 3 u

A professional course designed for individuals who are interested in family counseling as a profession. The course will focus on the major theoretical orientations of family processes and the associated techniques necessary for implementation.

Prerequisite: COUNSED 718, COUNSED 731, Admission to the MS-Counseling Program or consent of instructor

COUNSED 734

Families: Assessment and Treatment of Abusive Behaviors 3 u

This is a professional course in counseling designed for individuals seeking advanced training in assessment and treatment of abusive family systems. This course will elaborate on child abuse, neglect, and physical and sexual abuse and its impact on the individual and the family. The course will examine family dynamics which contribute to the development of an abusive system and those that provide protection against abuse and/or enhance the effective processing of trauma.

Prerequisite: COUNSED 718, COUNSED 722, Admission to the MS-Counseling Program or consent of instructor

COUNSED 736

Counseling Across the Lifespan 3 u

This course provides understanding of nature and needs of persons at all developmental levels and in multicultural contexts. Theories of individual and family development, as well as theories of learning and personality development and models of resilience, are included. Connections are made between developmental issues and counseling interventions that facilitate development and wellness over the life span. Attention is given to therapeutic interventions with normal and abnormal behaviors across the life span.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 738

Perspectives in School Counseling 3 u

This introductory course is designed for students planning to become school counselors. Professional issues such as the history and philosophy of school counseling are examined; along with an exploration of the various roles, functions, and procedures experienced within the context of the school structure. An introduction to the American School Counselor Association National Model and the Wisconsin Comprehensive School Counseling Model provides students with the opportunity to examine the design, implementation, and evaluation of comprehensive developmental counseling programs using a family, school, and community systems view. Significant topics and issues for school counselors, such as

leadership, advocacy, conflict resolution, crisis management, peer mediation, cultural diversity, school improvement, and a variety of service delivery methods are explored.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 739

Trauma Treatment 3 u

This course examines the impact of trauma on development and behavior. The primary focus of the course is the examination of various approaches to effectively address the impact of trauma. The stages of trauma treatment will be examined and various approaches to effectively address trauma will be explored.

Prerequisite: COUNSED 716 and COUNSED 734

COUNSED 741

Social and Cultural Foundations in Counseling 3 u

This course is designed to provide students with foundational knowledge and competency base for effective counseling with diverse populations. It will examine multicultural and pluralistic trends, including characteristics and concerns among diverse groups nationally and internationally. Theories of multicultural counseling, identity development, world views, acculturation issues, conflict resolution, social justice, advocacy and multicultural competencies will be discussed. Individual, couple, family, group and community strategies for working with and advocating for diverse populations will be examined. Counselors' roles in eliminating biases, prejudices, oppression and discrimination will be highlighted. Students will be involved in experiential learning activities aimed at fostering an understanding of themselves and culturally diverse individuals.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 743

Counseling in Elementary and Middle Schools 3 u

This course studies counseling models, services, and programs for elementary and middle school/junior high school students as well as the roles of the school counselor. Curriculum is based on current models of school counseling, child and adolescent development, the influence of multiple factors on academic, personal/ social, and career success, school counselor accountability, and various prevention/intervention strategies for elementary and middle school/junior high students. The developmental guidance needs of all children are identified along with the specific counseling needs of particular student populations. Individual and group counseling procedures with children are examined.

Prerequisite: COUNSED 738, Admission to the MS-Counseling Program or consent of instructor

COUNSED 745

Counseling in Secondary Schools 3 u

Counseling models, services, and programs for secondary school students are investigated along with the role of the secondary school counselor. Adolescent and young adult development, the influence of multiple factors on academic, personal/social, and career success, school counselor accountability, and various prevention/intervention needs of secondary students are explored. The developmental guidance

and counseling needs of all secondary school students as well as the specific needs of particular student populations are identified. Topics include academic success, vocational exploration, and post-secondary transition. Discussions focus on individual, small group and classroom curricular approaches with adolescents.

Prerequisite: COUNSED 738, Admission to the MS-Counseling Program or consent of instructor

COUNSED 746

Counseling and the Chemical Dependency Process 3 u

This course is a study of alcohol and other drug abuse, the process of chemical dependency, its impact on the family and its importance in the area of counseling. This course will enable the counselor to identify and assess the substance abuser and examine the counselor's role in the prevention and intervention process. Students will develop knowledge of the behavioral, psychological, physical health, and social effects of psychoactive substances and addictive disorders on the user and significant others. It will examine the history, philosophy and trends in addiction counseling. The student will learn to identify the various symptoms of progressive stages of chemical dependency and counseling modalities for treatment.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718 and COUNSED 722

COUNSED 748

Administration in Student Affairs 3 u

Course focuses on organizational, management and leadership theory and practice at the post secondary level. Organizational culture, budgeting and finance, staff hiring and supervision, crisis response, ethical and legal issues in higher education, and contextual issues are all incorporated. Additional topics include program development, collaboration across divisions to promote student development, assessment, leadership in multicultural learning communities, and state and federal legislation that affects services.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor

Corequisite: COUNSED 718

COUNSED 749

Chemical Dependency - Treatment and Rehabilitation 3 u

This course is for the student who wishes to develop and refine skills in the area of alcohol and drug counseling. The course will examine the roles, functions, and settings of addiction counselors, as well as the relationship between addiction counselors and other mental health professionals. This course will help the student to gain knowledge and develop skills in individual, group, and family counseling as applied to chemically dependent client and/or family members. Students will develop an understanding of a variety of models and theories of addiction. Students will also examine the potential for addictive disorders to mimic a variety of medical and psychological disorders and the potential for medical and psychological disorders to coexist with addiction and substance abuse.

Prerequisite: COUNSED 746, Admission to the MS-Counseling Program or consent of instructor

COUNSED 751

Professional Practices: Ethics and Consultation 3 u

This course is designed to review ethical principles across counseling disciplines and to apply these principles in the practice of counseling, collaboration and consultation. Ethical codes will be reviewed, theories and paradigms of ethical decision making models explored, and legal implications of ethical practice considered. Consultation theories, models, processes, and issues will be examined and applied. Consultation skill development will focus on benefiting both the client (consultee) and client system, in which the client, persons in the client's support system/context, various professionals within the educational or counseling setting, professionals in the mental health community, and other community members are empowered to facilitate change.

Prerequisite: COUNSED 718, Admission to the MS-Counseling Program or consent of instructor

COUNSED 752

integrative Treatment 3 u

This course will examine counseling services which integrate substance abuse as well as mental health treatment into all aspects of the existing mental health program and service system rather than isolating substance abuse treatment as a discrete intervention. Services for substance abuse treatment are combined with mental health services at the level of clinical interaction, which means that the same clinicians, working in one setting, provide appropriate mental health and substance abuse interventions in a coordinated, seamless fashion. The course will examine a comprehensive range of integrated services including counseling, case management, medications, social skills training, and family intervention that are modified to include both diagnoses.

Prerequisite: COUNSED 734, COUNSED 746, COUNSED 749, Admission to the MS-Counseling Program or consent of instructor

COUNSED 753

Understanding Psychopharmacology for Counselors 3 u

This course surveys basic neuropharmacology, the effects of various psychotropic drugs, and the actions of drugs used to treat mental disorders and drugs of abuse. The emphasis of the first part of the course is on basic principles of neuropharmacology, distribution and elimination of drugs, drug-receptor interactions and dose-response relationships, structure of neurons, neurophysiological mechanisms involved in synaptic activity, and the distribution of specific neurotransmitter systems. The last two-thirds of the course examines the actions of specific drugs and their effects on behavior and their uses in biological psychiatry and/or their abuse in our society.

Corequisite: COUNSED 718, COUNSED 722

COUNSED 754

Addiction concerns when working w/children, adolescents & adults 1 u

This is an online course focusing on addiction for counselors when working with children, adolescents, and adults in school systems and colleges/universities. Course modules will cover specific topics related to alcohol and other drug abuse; the process of chemical dependency; and the impact of addiction on children, adolescents, and adults.

Prerequisite: COUNSED 718, COUNSED 722

COUNSED 755

Understanding and Addressing Crisis and Trauma 1 u

This course will present counseling approaches which effectively address crises in school settings. The course will examine the impact of trauma and crisis and potential neurobiological responses. The participant will gain knowledge and skills useful in assessing and intervening in crises and explore the application of these skills in addressing specific crisis situations relevant to schools.

Prerequisite: COUNSED 718, COUNSED 722

COUNSED 756

A Systems Primer for School and Higher Education Counselors 1 u

This one credit course designed for school and higher education counselors will introduce a systemic lens by which to view the varying influences that impact student life and learning. Students will consider their role as a systems thinker, the impact of differing systems upon students, necessary skills to engage and advocate for students, and a specific understanding of the multiplicity of factors impacting a student's world.

Prerequisite: COUNSED 718

COUNSED 790

Workshop 1-3 u

COUNSED 794

Seminar 1-3 u

COUNSED 796

Special Studies 1-3 u

COUNSED 798

individual Studies 1-3 u

COUNSED 799

Thesis Research 1-6 u

Students must complete a Thesis Proposal Form in the Graduate Studies office before registering for this course.

FIELD EXPERIENCES (COUNSED)

COUNSED 793

Supervised Practicum 3 u

Practicum students provide individual, couple, family and group counseling services to students and other community members in the counseling lab. Students must complete supervised practicum experiences that total a minimum of 100 clock hours, including 40 hours of direct counseling service. Practicum students receive individual and/or triadic supervision and group supervision each week. This is a time to develop and refine counseling skills while providing a service to the community.

Prerequisite: COUNSED 718, COUNSED 721, COUNSED 722, COUNSED 751 and consent of the department. Admission to the MS-Counseling Program or consent of instructor

COUNSED 795

Counseling Internship 3-6 u

The Counseling internship is an opportunity for students to apply concepts and skills in field counseling settings. Students are placed in internship settings which are compatible with the individual student's experiences, competencies, and career goals. Students work with clients under the guidance of a qualified field supervisor and the university supervisor.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor. All required coursework must be taken prior to or concurrent with the internship.

COUNSED 797

Post-Masters Counseling Internship 1.5-3 credits u

interns will complete supervised experience in their emphasis area (community agency, higher education setting, or school). The intern will engage in individual, group counseling, and family counseling, and consultation, as well as a variety of other activities that a regularly employed staff member in the setting would be expected to perform. Can repeat once.

Prerequisite: Admission to the MS-Counseling Program or consent of instructor. Masters in Counseling-School or the equivalent