



Courses in the College of Letters and Sciences

SOCIAL WORK COURSES (860)

860-501 Assertiveness Training In The Helping Professions -- 1 cr

This course presents the principles of assertiveness training, uses experiential exercises to help students learn to present themselves more assertively, and prepares students to assist others to become more assertive. Content is focused on students who are planning a career in the helping professions.

860-502 Grief Management In The Helping Professions -- 1 cr

This course focuses on issues such as adjustment to the death of someone close, helping someone who is terminally ill, and coping with other losses—such as cherished relationships. The grief counseling content is intended for students who are planning a career in the helping professions.

860-503 Managing Stress And Burnout In The Helping Professions -- 1 cr

This course focuses on recognizing signs of destructive stress and the stages of burnout in the helping professions. Instruction is given in using a number of techniques for coping with stress such as meditation, relaxation training, time management, social support systems, biofeedback, and life planning as they apply to the helping professions.

860-511 Human Behavior And The Social Environment 1 -- 3 cr

This course is designed to provide students with an understanding of the processes of bio-psycho and socio-cultural development from infancy to young adulthood. Material is also presented on the social systems (families, groups, organizations, and communities) in which individuals live.

Prereq: 860-102 and 630-120 or 442-271 and 900-130; one of these three may be taken concurrently if the others are completed.

860-512 Human Behavior And The Social Environment II -- 3 cr

This course is designed to provide students with an understanding of the processes of bio-psycho and socio-cultural development from middle adulthood through old age. Material is also presented on the social systems (mezzo and macro) in which individuals live.

Prereq: 311, Special undergraduates and all graduate students must have approval of the department chair.

860-537 Introduction To Social Gerontology -- 3 cr

This course is designed to introduce the student to social and physical factors related to

aging. It will include information regarding social services needed to assist the older person and an analysis of gaps in current services.

Prereq: Consent of instructor.

860-541 Sexuality For Professional Growth -- 3 cr

This comprehensive course is designed to add to students' knowledge and comfort in the area of human sexuality. Multimedia, lecture, and small group discussion techniques are used to explore issues as basic treatment skills, sex education, developmental sexuality, problem pregnancies, and common sexual dysfunctions.

**860-580 (610-580) Race, Ethnicity, And Social Justice:
Issues For Helping Professionals -- 3 cr**

The course is designed to help students develop a greater understanding of the influence of one's race and ethnicity on the ways individuals perceive the world and the ways they are treated by others and by society. Within the framework of the helping professions, students will have the opportunity to examine their attitudes toward members of racial and ethnic minorities, develop ways to learn about the participation in and treatment of racial and ethnic minority groups in work, education, and social services, and examine ways to affect one's own attitudes and society to achieve social justice.

Unreq: 610-380/580

860-602 Social Work Research -- 3 cr

This course is designed to familiarize the student with basic concepts of social work research methodology and statistics, computer usage, to develop competence in evaluating research literature and to develop beginning skills in evaluating social work practice.

Prereq: 860-371 or consent of instructor.

860-662 (820-662) Social Welfare Policy -- 3 cr

This course is designed to provide students with knowledge about the process of social welfare policy formulation and implementation and with policy analysis skills. The effects of social welfare policies and organizations on both clients (especially the poor and minorities) and on social workers will be emphasized.

Prereq: 860-371 and 820-141

Unreq: 820-462/662

860-673 Social Work Practice III -- 3 cr

This course will cover the advanced problem solving approaches for intervention with individuals, families, groups, organizations, and communities. The class will utilize simulated practice situations. The course has an emphasis on social work practice with families and organizations.

Prereq: 860-372, Restricted to Students with Cumulative GPA 2.25, Special undergraduates and all graduate students must have approval of the department chair.

860-690 Workshop -- 1-6 cr

860-694 Seminar -- 3 cr

860-696 Special Studies -- 1-3 cr

860-790 Workshop -- 1-6 cr

860-794 Seminar -- 1-3 cr

860-798 Individual Studies -- 1-3 cr