



# MASTER OF SCIENCE IN **APPLIED KINESIOLOGY**

“QUOTE ABOUT PROGRAM.”

*Attribution*

Kinesiology is the term used to describe the study of human movement. In the Online Master of Science in Applied Kinesiology program, students will be exposed to a broad curriculum covering content across the kinesiology subdisciplines, including exercise physiology, exercise psychology, and athletic coaching, as well as research methodology. Completion of the program can help graduates become more competitive for leadership positions such as exercise physiologists, cardiac rehabilitation coordinators, collegiate or professional strength and sport coaches, community health program educators and administrators, as well as corporate and entrepreneurial positions related to health, fitness, and sport performance.

This program is designed to be a 30 credit, three-semester graduate study program.

The six core courses draw from the content across the kinesiology sub-disciplines and students may choose to complete either a thesis or a practicum to apply their coursework in a culminating educational experience.



<https://www.uww.edu/online/masters/kinesiology>

**For More Information:**

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The MS of Applied Kinesiology degree requirements have been designed to cover a broad range of topics from within the field of Kinesiology. This program is designed to be a 30 credit, three-semester graduate study program. The six core courses draw from content across the kinesiology sub-disciplines including exercise physiology, exercise psychology, and athletic coaching, as well as research methodology. Students can tailor the program to their specific career interests with selection of the appropriate electives. Lastly, students may choose to complete either a thesis or a practicum to apply their coursework in a culminating educational experience.

**Graduates will be prepared for careers as:**

- Exercise Physiologists
- Cardiac Rehabilitation Coordinators
- Collegiate or Professional Strength and Sport Coaches
- Community Health Program Educators and Administrators
- Corporate and Entrepreneurial Careers related to Health, Fitness, and Sport Performance.
- American College of Sports Medicine's Exercise Physiologist Certification (ACSM-EP) Exam.

## PROGRAM REQUIREMENTS (30 CREDITS)

<b>Core Courses:</b>		<b>18 credits</b>
COACHING 705	Sport and Exercise Psychology	3 credits
COACHING 710	Current Trends and Issues in Kinesiology	3 credits
PEPROF 672	Advanced Physiology of Exercise	3 credits
COACHING 702	Administration and Organization of Sport and Recreation	3 credits
EDFOUND 780	Reading, Analyzing, and Evaluating Educational Research	3 credits
PEPROF 781	Capstone Portfolio and Career Application	3 credits
<b>Applied Kinesiology Electives (choose two-three):</b>		<b>6-9 credits</b>
HEALTHED 591	Nutrition for Health	3 credits
COACHING 661	Prevention and Care of Athletic Injuries	3 credits
COACHING 663	Children and Sport	3 credits
COACHING 680	Legal Aspects of Sport and Recreation Activities	3 credits
COACHING 706	Sport and Society	3 credits
PEPROF 794	Seminar: Special Topics	3 credits
<b>Required Thesis or Practicum (choose one):</b>		<b>3-6 credits</b>
PEPROF 793	Practicum	3 credits
PEPROF 799	Thesis Research	3-6 credits

**Total Credits**

**30 credits**