

# Suggested Activities and Topics

## Activities and Activity Goals

- Create learning experiences: as needs are identified, look for innovative ways to strengthen or develop knowledge and skills
- Provide personal support and reinforcement
- Share college culture
- Evaluate characteristics and abilities: identify strengths and build on areas of improvement
- Coach to improve specific skills (technical, interpersonal) and behaviors
- Be a sounding board: listen, probe, understand and help to clarify
- Share personal and work experiences: share highs, lows, success, failures and what was learned
- Connect and discuss the Alumni Mentor Program e-newsletter topics
- Meet at or attend conferences and networking events
- Chat via WebEx/Zoom, Google Hangout, Apple FaceTime

## Possible Topics to Discuss

- Special training or advanced degrees required for career options
  - Career tracks
  - Career exploration
  - Types of businesses/employers in chosen field
  - Current issues in the profession
  - Job market trends
  - Organizational culture
  - Professional organization membership
  - Quality of life in the profession
  - Work/life balance
  - Management issues
  - Approaches to ethical or professional dilemmas
  - Business attire
  - Study/travel/employment possibilities abroad
  - Campus involvement opportunities
  - Professional dinner etiquette
  - Online or social media etiquette
  - Internship and job search advice
  - Resume and cover letter review
  - Interviewing and networking skills
  - Volunteer/extracurricular activity benefits
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